

Teen Community Guide

Montgomery County

Public Health

Dear Montgomery County Teen,

This pamphlet has been created as a resource for you. Within these pages you will find information on various community programs that you may find helpful. We hope that this pamphlet will provide you with answers to some questions you may have.

HOW DO I BEGIN??????

- ✓ Look through this booklet and decide who might be able to help you.
- ✓ Don't be afraid to make a call. When you do, identify yourself as a teen looking for information.
- ✓ Some of these services may have a charge, be sure to find out when you call.
- ✓ Most importantly, don't be embarrassed, you're not the first to need help in getting through difficult situations.

HEALTH CARE

Montgomery County Public Health	853-3531
Fulton County Public Health	736-5720
Bassett Healthcare at Canajoharie	673-5555
St. Mary's Hospital Family Health Center Memorial Campus	841-3770
St. Mary's Family Health Center at Canajoharie	673-2573
St. Mary's Family Health Center at Johnstown	762-3161
St. Mary's Family Health Center at St. Johnsville	568-7145
Nathan Littauer Primary Care Clinic	773-5690
Private Physicians	See Yellow Pages
Dermatologists	See Yellow Pages
Pediatricians	See Yellow Pages
Poison Control	1-800-222-1222

Pregnancy: Testing, Information, Classes, and Health Care

Montgomery County Public Health (newborn visits and info)	853-3531
Fulton County Public Health (newborn visits and info)	736-5720
Growing Up Healthy Hotline (free medical care during and after pregnancy)	1-800-522-5006
Community Maternity Services (testing/classes/care)	725-6016
WIC (Woman, Infant, and Children's Nutrition Program), Montgomery County	853-8363
WIC (Woman, Infact and Children's Nutrition Program), Fulton County	725-2310
Planned Parenthood - Amsterdam	842-0285
Planned Parenthood – Johnstown	736-1911
Cornell Cooperative Extension (nutrition classes)	673-5525
St. Mary's Hospital (Childbirth education)	841-7313
Nathan Littauer Hospital (childbirth education)	736-1120
Bassett Healthcare Cooperstown (childbirth education)	607- 547-3535

Other Services:

Adoption Services (Montgomery County Dept. of Social Services)	853-4646
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Breast Feeding Information and Support

Montgomery County Public Health	853-3531
Fulton County Public Health	736-5720
Hospital Maternity Ward	See Yellow Pages
WIC Program, Montgomery County	853-8363
WIC Program, Fulton County	725-2310

HIV/AIDS/STDs

GENERAL EDUCATION, INFORMATION & REFERRAL

NYS HIV/AIDS Hotline	1-800-541-AIDS
NYSDOH Hotline (M-F 8:30 am to 4:00 pm) (anonymous test sites)	1-800-962-5065
AIDS Council of Northeastern NY	434-4686
Hotline (M-F 9:00 am to 5:00 pm)	1-800-201-2437
CDC National HIV/AIDS and STDs Hotline	
(24 hrs, 7 days a week)	1-800-232-4636
In Spanish (24 hrs, 7 days a week)	1-800-232-4636
AIDS Institute	473-8459
AIDS Treatment Center – Albany Medical Center	262-4043
St. Mary’s Family Health Center Memorial Campus	841-3770
Montgomery County Public Health	853-3531
Fulton County Public Health	736-5720
Red Ribbon Partnership	842-3762

HIV TESTING AND COUNSELING

Anonymous & Confidential	841-3770
NYSDOH Hotline	
(M-F 8:30 am to 4:00 pm) (anonymous test sites)	1-800-962-5065
Confidential:	
Montgomery County Public Health	853-3531
Fulton County Public Health	736-5720
Your Own Physician	
Planned Parenthood - Amsterdam	842-0285
Planned Parenthood – Johnstown	736-1911
Nathan Littauer Hospital Primary Care Clinic	773-5690
St. Mary's Hospital Family Health Center at Johnstown	762-3161

COUNSELING SERVICES

AA (Alcoholics Anonymous)	736-2644
Alcoholism and Substance Abuse (Riverfront Center, Amsterdam)	843-6011
St. Mary's Addiction Clinic (76 Guy Park Ave, Amsterdam)	843-4410
St. Mary's Hospital/ Inpatient (427 Guy Park Ave, Amsterdam)	841-7321
<u>ALA-TEEN</u> Galway United Methodist Church (Monday 7:30pm)	736-8188
Gambler's Anonymous	292-0414
Overeater's Anonymous	292-0666
HFM Prevention Council	736-8188
Fulton County Addiction Services	773-3532
Conifer Park	1-800-989-6446
Clergy	See Yellow Pages
Family Counseling Center	725-4310
Domestic Violence Hotline - Montgomery County	842-3384
Domestic Violence Hotline - Fulton County	725-5300
Catholic Charities of Fulton & Montgomery Counties	842-4202
Mental Health Hotline/St. Mary's Hospital	841-6190
St. Mary's Children's Clinic	843-7529
St. Mary's Adult Clinic	841-7359
National Runaway Switchboard	1-800-RUNAWAY
Rape/Sexual Abuse Hotline	1-866-307-4086
Fulton County Rape Crisis/Sexual Assault Support Services	736-1911 (x522)
Montgomery County Rape Crisis/Sexual Assault Support Services	842-0285 (x605)
Fulton-Montgomery Suicide Prevention Task Force	842-9111
Suicide Prevention Hotline	1-800-273-TALK (8255)
Your Guidance Counselors/School Nurses at your school	

Remember, counseling services can help you to sort through problems, or refer you to someone who can help you.

EDUCATIONAL ALTERNATIVES/JOB PLACEMENT

Fulton Montgomery Com. College Student Development Center 762-4651 x4700

Hamilton-Fulton-Montgomery BOCES Career & Technical Center 736-4681

Employment Resources - Amsterdam 842-3676 x3037

Gloversville 773-4646

Workforce Solutions Center - Amsterdam 842-3637

Gloversville 725-6473

Resource Center for Independent Living (RCIL) 842-3561

COMMITTEE ON SPECIAL EDUCATION

If you are a student who is 15 or older and want to participate in decisions on your school program and future, you can speak with your CSE Chairperson or contact the Parent Network of the Capital Region at 640-3320.

Broadablin-Perth Central School District	954-2725 x2725
Canajoharie Central School District	673-6310 x1001
Cherry Valley Springfield Central School District	607-264-9012 x115
Duanesburg Central School District	895-5350 x322
Fonda-Fultonville Central School District	853-3189 x4234
Fort Plain Central School District	993-4000 x3074
Greater Amsterdam School District	843-3180 x7306
Greater Johnstown School District	762-4611 x151
Schalmont Central School District	355-9200 x4018
Schoharie Central School District	295-6600
Sharon Springs Central School District	284-2266
Oppenheim-Ephratah-St. Johnsville Central School District	568-2310

FOOD AND NUTRITION/CLOTHING/SHELTER/FINANCIAL ASSISTANCE

Cornell Cooperative Extension	673-5525
Montgomery County Department of Social Services (Food Stamps/Medicaid/Public Assistance)	853-4646
Fulton County Department of Social Services (Food Stamps/Medicaid/Public Assistance)	736-5600
Fulmont Community Action Agency	853-8363
Catholic Charities of Fulton & Montgomery Counties	842-4202
Interfaith Partnership for the Homeless (shelter open November 1 – mid April)	774-1114
Amsterdam Housing Authority	842-2894
Gloversville Housing Authority	773-7308
Salvation Army - Amsterdam	842-7885
Gloversville	725-4119
Handy Up's n Downs- Amsterdam	842-2790
Johnstown	736-1825
Child and Family Health Plus (free/low cost health insurance for children)	775-4074

ADDITIONAL COMMUNITY PROGRAMS

Catholic Charities of Montgomery County	842-4202
Of Fulton County	762-8313
Centro Civico	842-3762
Montgomery County Literacy Project	842-2553

MONTGOMERY COUNTY PUBLIC HEALTH

20 Park Street

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Fonda, NY 12068

(518) 853-3531

www.co.montgomery.ny.us/publichealth/

This Publication is offered to you by Montgomery County Public Health,

Children with Special Health Care Needs Program

For more information contact:

Children with Special Needs Coordinator

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