

Potential Sources Of Lead

○ Ingested (Eaten):

- Lead based paint on interior wall, windowsills, floors, furniture, exterior door frames, window wells, fences, and house siding (painted before 1978)
- Unglazed pottery
- Cigarette butts and ashes
- Water from leaded pipes
- Food or liquids from cans soldered with lead
- Household dust
- Dirt near houses that have chipping or flaking paint, or paint flaking off siding
- Soil along heavily trafficked roadways
- Food grown in contaminated soil
- Some house and car keys
- Metal toy jewelry
- Candy imported from Mexico
- Folk remedies such as Greta, Azarcon, Daw Tway, and Sindoor
- Antique toys and toys imported to the US

○ Inhaled (Breathed):

- Burning of leaded objects, such as automobile batteries
- Sanding and scraping of surfaces painted with lead-based paint
- Cigarette smoke
- Dust in poorly cleaned houses
- Contaminated clothing and skin of household members who work in lead-filled environments
- Lead fishing sinkers
- Bullet loading supplies
- Lead wicked candles
- Artificial Turf