

How do I report Child Abuse?

Protect your children and other children around you. Don't let more children become statistics! Be attentive and get involved. If you need to report a case of child abuse contact:

The New York State Child Abuse
and Maltreatment Register
at
1-800-342-3720



Information provided by
childhelp.org
and
preventchildabuse.org



For more information contact:
Montgomery County Public Health
20 Park St.
Fonda, NY 12068
(518) 853-3531



CHILD ABUSE PREVENTION

*Working with you
to create a safer
tomorrow..*


**Montgomery County
Public Health**

Welcome to parenthood!

Being a parent is the most challenging, yet most important and rewarding work you'll ever do.

What is Child Abuse?

Child Abuse is any intentional physical injury, sexual, or emotional abuse inflicted upon a child.

Discipline, administered in a reasonable manner, is not considered abuse. Child abuse is a concern to all of us and is indeed something that can be prevented through the efforts of families, friends, neighbors, schools and the community.



TIPS FOR PARENTS

- Get as much rest as possible.
- Eat nutritious meals.
- Join a parenting group. You'll learn about how to care for your baby as well as meet people who share the same interests and concerns
- Don't expect too much from yourself. It is okay if the dishes or laundry don't get done tonight
- Call your pediatrician or healthcare provider if you have a question or concern
- If you get frustrated or angry with your child, call for help. Ask a spouse, family member, neighbor, or friend to help take care of the child while you take a break
- Be involved in your children's activities so you know what they are up to
- Beware of whom your child spends time with. Your child's friends reflect who they are and how they act
- Take a break for yourself
- Emphasize the importance of communication between you & your child
- If you are feeling overwhelmed, take a minute to take a deep breath
- Remember that they are kids. **Relax!**

Statistics and Consequences of Child Abuse

- Over 3 million reports of child abuse are made annually in the U.S.
- A report of child abuse is made every 10 seconds
- There are approximately 5 deaths occurring daily which are attributed to child abuse with more than 3 out of 4 being younger than the age of 4. This count continues to rise
- Abused children are 25% more likely to experience teen pregnancy
- Children who experience child abuse and neglect are 59% more likely to be arrested as a juvenile, 28% more likely to be arrested as an adult, and 30% more likely to commit a violent crime
- Children who have been sexually abused are 3.8 times more likely to develop drug addictions

