Did you know?

You often have less expensive, more convenient alternatives to the emergency room.

For non-life threatening health concerns, consider your options.

Visit an urgent care center.

An urgent care center is a good option when you need immediate medical attention for an unforeseen illness or injury, your health is not in serious danger, and your Primary Care Physician's office is closed.

Visit **mvphealthcare.com** to find an urgent care center near you, or download and use the **myMVP** mobile app.*

Download **myMVP** and **myVisitNow** mobile apps from the App Store® or Google Play™.

Skip the trip with **myVisitNow**®.

With **myVisitNow**—24/7 online doctor visits—access board-certified doctors, when and where it's most convenient for you, using your smartphone, tablet, or computer with a webcam.

Create your account at **myvisitnow.com**, or download the free **myVisitNow** mobile app and register today!*

How much could a visit cost for an acute upper respiratory infection?

Hospital emergency room	$1,150
Urgent care center	$173
myVisitNow	**$44**

The costs above show averages of all rates in the MVP service area. They do not represent a specific region or county in the MVP service area, or any single MVP participating provider's contracted rates.

If you or a member of your family have an emergency that requires immediate medical care for a life threatening health concern, **you should go to the nearest hospital emergency room, dial 911, or call your local emergency number for medical assistance.**