

# Did you know?



## You often have less expensive, more convenient alternatives to the emergency room.

For non-life threatening health concerns, consider your options.

### Visit an urgent care center.

An urgent care center is a good option when you need immediate medical attention for an unforeseen illness or injury, your health is not in serious danger, and your Primary Care Physician's office is closed.

Visit [mvphealthcare.com](http://mvphealthcare.com) to find an urgent care center near you, or download and use the **myMVP** mobile app.\*

Download **myMVP** and **myVisitNow** mobile apps from the App Store® or Google Play™.

### Skip the trip with **myVisitNow**®.

With **myVisitNow**—24/7 online doctor visits—access board-certified doctors, when and where it's most convenient for you, using your smartphone, tablet, or computer with a webcam.

Create your account at [myvisitnow.com](http://myvisitnow.com), or download the free **myVisitNow** mobile app and register today!\*



### How much could a visit cost for an acute upper respiratory infection?

|                         |             |
|-------------------------|-------------|
| Hospital emergency room | \$1,150     |
| Urgent care center      | \$173       |
| <b>myVisitNow</b>       | <b>\$44</b> |

*The costs above show averages of all rates in the MVP service area. They do not represent a specific region or county in the MVP service area, or any single MVP participating provider's contracted rates.*

If you or a member of your family have an emergency that requires immediate medical care for a life threatening health concern, you should go to the nearest hospital emergency room, dial 911, or call your local emergency number for medical assistance.

\*MSG&DATA rates may apply.

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